

ਰਾਗੁ ਕਾਨੜਾ - ਮਃ ੪ ॥

ਹਰਿ ਹਰਿ ਨਾਮੁ ਨਿਧਾਨੁ ਹੈ ਗੁਰਮੁਖਿ ਪਾਇਆ ਜਾਇ ॥

ਜਿਨ ਧੁਰਿ ਮਸਤਕਿ ਲਿਖਿਆ ਤਿਨ ਸਤਿਗੁਰੁ ਮਿਲਿਆ ਆਇ ॥

ਤਨੁ ਮਨੁ ਸੀਤਲੁ ਹੋਇਆ ਸਾਂਤਿ ਵਸੀ ਮਨਿ ਆਇ ॥

ਨਾਨਕ ਹਰਿ ਹਰਿ ਚਉਦਿਆ ਸਭੁ ਦਾਲਦੁ ਦੁਖੁ ਲਹਿ ਜਾਇ ॥੨॥

Raag Kanara - Mahalaa Chauthhaa | |

Har Har Naam Nidhaan Hai Guramukh Paaiaa Jaai | |

Jin Dhur Masatak Likhiaa Tin Satigur Miliaa Aai | |

Tan Man Seetal Hoiaa Saa(N)T Vasee Man Aai | |

Naanak Har Har Chaudhiaa Sabh Dhaaladh Dhukh Leh Jaai | |2| |

Raag Kanara - Fourth Mehla

The Name of the Lord, Har, Har, is the greatest treasure. The Gurmukhs obtain it.

The True Guru comes to meet those who have such pre-ordained destiny written upon their foreheads.

Their bodies and minds are cooled and soothed; peace and tranquility come to dwell in their minds.

O Nanak, chanting the Name of the Lord, Har, Har, all poverty and pain is dispelled. | |2| |